

**Highlighted activities of the Month****Environmental studies**

Students were introduced to the theme Body Systems - Digestive and Excretory. They enjoyed looking into each others mouth to identify the different types of human teeth and also were curious about flossing technique after watching associated videos. They were taken to Science lab to critically observe the denture of teeth. They enjoyed the introduction of the organs of the digestive system and how our stomach is protected from its own acids. They were given research material on tooth decay and cavity which they studied in pairs and did a presentation for the same.

**Mathematics**

Recapitulation of basics of fractions was conducted. Prime factorisation through division method was also introduced through which base of H.C.F. was created. Later on, L.C.M. as well as H.C.F was also introduced to the students, drill for the same was provided in Notebook as well as through Worksheets. Discussion of Asset questions was done in the class through which they came across different strategies to get the best solution. During measurement sessions, estimation skills was taken into consideration where the children estimated the length of few objects in the class and then they actually measured the same. Recapitulation of bar graph and pictograph was also done in class. Drill for all the concepts-fraction, division, multiplication, addition, subtraction, factors and multiples was provided in Notebook as well as in Worksheet.

**English**

Students had a fun time reading through the play within a play, Stone Soup. They were able to identify the manner in which multiple scenes were played within the play. They thoroughly enjoyed reading the dialogues of the play with different intonations. In grammar they learnt prepositions and pronouns doing various activities. The horror story 'Papap's teeth' was also enjoyed immensely for the 'creepiness' and unexpected twists in the storyline. They were curious to know that why vampires have fangs. They were also very excited to learn more about vampires. They also learnt the use of conjunctions. They also learnt the use of an Apostrophe to show possession. They enjoyed learning informal letter writing.

## Hindi

The children learnt different grammar concepts like varna vicched, paragraph writing, gender etc. They read the chapter 'Kon Jeeta' from Vitan and learnt many new words with their meanings and synonyms, idioms with meanings. They also did the recap of anuswar and anunasik. They enjoyed the activity of drawing the pot (surahi) and writing about it.

## ICT

Students created posters on their ongoing topic "Foods and nutrition." They also learnt to create flowchart by inserting shapes in word file and using smart art.

## Co - Curricular Activities:

### Celebrations:

- Children's Day
- World Television day
- World human Rights day
- Computer Literacy day



### Sports:

- **Football:** The students practised different skills like passing and receiving the ball, attacking, defending, shooting at goal and Goal keeping.
- **Athletics and games:** Students practised different skills like sprint and squat, pushups, Sit ups, Stance, strength and finish stride.
- **Karate:** Students practiced different moves of karate like Mae Giri(Front kick) and Mawashi Giri(Round Kick). They also practiced different punch styles like Mid Punch, Upper Punch and lower punch. They learnt certain self defense techniques and Kumite was also introduced for the tournament.
- **Yoga:** Students practiced doing certain Asanas like Surya Namaskar, Tadasana, Padahasthasana, Trikonasana and Padmasana. They also practiced doing Pranayam.

**Visual Arts:** Children created a city having buildings or any design of their choice on foam plates. The teacher also demonstrated applying paint on the plate with roller and taking a print of it.

### Performance Arts:

- **Music:** They learnt the prayer song "Shri Ram Chandra".
- **Dance:** Children learnt hip-hop dance and they were also introduced to contemporary dance..
- **Drama:** The students started preparing for the layout as well as the dialogues of the drama, "How the Grinch stole Christmas!".

## Extra-curricular Activities:

- **Self enrichment:** Students learned about the importance of establishing healthy boundaries in friendships. They were also introduced to the topic of 'Body Image'; where through discussion they reflected on who and what influences the way they think about their bodies and were encouraged to recognize and accept differences and celebrate their uniqueness. This month, students also began their new module - Being Truthful; where they reflected on the importance of being honest. They also conducted interviews to understand various factors which motivate people to be honest.
- **Interest Centre:** The students culminated their linguistic module by displaying their final draft of Picture books for "Tiny tots" at 079 Stories. They felt very much confident to share their learnings and experiences in front of the audience during the exhibition. Post culmination children also shared during the ongoing IC sessions about their most amazing experience throughout the module. They also drew similarities as well as comparison between an Indian and an U.K. author through Graphic Organizer.

## House activity

The students were divided into 3 groups. They brought simple brain teasers related to maths, and asked them in front of the large group. The students solved the teasers very enthusiastically. Spell bee was also conducted in one of the House Activity sessions wherein children unscrambled the jumbled words.

They got to know few techniques of unscrambling the words. As a part of Computer Literacy day, students picked up few chits randomly and they wrote Autobiography on the same.



## Students reflection:

### Class 4A

- **Aaditya:** "I will never eat junk food now. Not even on my birthday."
- **Jehan :** "It's so amazing that in such small body we have 22ft. long intestine!"

### Class 4B

- **Ayan:** "Sources of Vitamin B12 is meat, so how will the vegetarians get Vitamin B12?"
- **Dattavi:** "If the waste goes out of our body through excretion then how do people become fat?"